



2° FESTIVAL DU SOL DE POOMSAE E PARAPOOMSAE ONLINE

2022

www.tkddusolteam.com

III FESTIVAL DU SOL DE POOMSAE E PARAPOOMSAE ONLINE

Registration Period	25th September 2022 until 05th November 2022
List of subscribers	The list of subscribers will be available on November 9 on the site www.tkddusolteam.com
Corrections	The necessary corrections must be sent to the email eventos_tkddusolteam@hotmail.com (until 23:59 Brasilia time) on November 10
Competition Period	From 13rd to 20th November 2022
Deadline Sending Links :	13rd November 2022 23:59 (Brazil)
Registration Fee:	U\$ 10,00 by individual, by pair and by team
Public	Open
Modalities	<ul style="list-style-type: none"> • Poomsae Individual • Poomsae Pair • Poomsae Team

Online Tournament System :	Video Posting on Youtube and Sending Link
Dissemination of Results:	www.tkddusolteam.com
Organizers	Equipe TKD Du Sol Team Mestre Pedro Paulo (Du Sol) Ksn Alex Arruda Ksn Natália Barros
Contacts:	eventos_tkddusolteam@hotmail.com
	Cutting System

The III Festival Du Sol de Poomsae and Parapoomsae Online was conceived by master Pedro Paulo (Du Sol) and teacher Alex Arruda in 2020, due to the COVID-19 pandemic, having its first online edition. In order to spread Taekwondo. The event is focused on Poomsae, a modality on the rise in Brazil, and this year it will have another online edition and stands out for being one of the competitions with the current WT (World Taekwondo) rules to be organized in Brazil.

REGISTRATIONS

Registration must be made on the website: www.tkddusolteam.com through the registration form provided and send to the email eventos_tkddusolteam@hotmail.com until 23:59 min on November 05, 2022. After the athletes'



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registration, the person responsible for the registration team, you will receive an email with all payment details,

whether by transfer, bank deposit or via PIX, which should be done by 23:59 on November 7, 2022.

Foreign athletes will receive the option of payment via Paypal.

Proof of payment must be sent to the email eventos_tkddusolteam@hotmail.com, and the registration will be confirmed after proof of payment.

MODALITIES AND CATEGORIES:

BLACK BELT			
INDIVIDUAL	PAIR	TEAM	PARA TKD INDIVIDUAL
<ul style="list-style-type: none"> • YOUNG II • CADET • JUNIOR • UNDER30 • UNDER40 • UNDER50 • UNDER60 • UNDER65 • OVER65 	<ul style="list-style-type: none"> • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30 	<ul style="list-style-type: none"> • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30 	<ul style="list-style-type: none"> • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30

COLOR BELT			
INDIVIDUAL	PAIR	TEAM	PARA TKD INDIVIDUAL
<ul style="list-style-type: none"> • YOUNG I • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30 	<ul style="list-style-type: none"> • YOUNG I • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30 	<ul style="list-style-type: none"> • YOUNG I • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30 	<ul style="list-style-type: none"> • YOUNG II • CADET • JUNIOR • UNDER30 • OVER 30

Age Groups:

- YOUNG I (up to 8 years old);
- YOUNG II (from 9 to 11 years old);
- CADET (from 12 to 14 years old);
- JUNIOR (from 15 to 17 years old);
- UNDER 30 (from 18 to 30 years old);
- UNDER 40 (from 31 to 40 years old);
- UNDER 50 (from 41 to 50 years old);
- UNDER 60 (from 51 to 60 years old);
- UNDER 65 (from 61 to 65 years old);
- OVER 65 (from the age of 66).

PARA TAEKWONDO

- P10 – Visual Impairment
- P20 – Intellectual Disability;
- P30 – Motor Disability;
- P40 – Deficiency or absence of members;
- P60 – Deaf;
- P70 – Short.

POOMSAE GROUPS:

PARA TKD		
BLACK BELT AND COLOR BELT		
CATEGORIES	PRELIMINARY	FINAL
P10	8th GUB until black belt free choice from Taegeuk 1 Jang	8th GUB until black belt free choice from Taegeuk 1 Jang
P20	8th GUB until black belt free choice from Taegeuk 1 Jang	8th GUB until black belt free choice from Taegeuk 1 Jang
P30	8th GUB until black belt free choice from Taegeuk 1 Jang	8th GUB until black belt free choice from Taegeuk 1 Jang
P40	8th GUB until black belt free choice from Taegeuk 1 Jang	8th GUB until black belt free choice from Taegeuk 1 Jang
P60	8th GUB until black belt free choice from Taegeuk 1 Jang	8th GUB until black belt free choice from Taegeuk 1 Jang

POOMSAE INDIVIDUAL					
BLACK BELT			COLOR BELT		
CATEGORIES	PRELIMINARY	FINAL	CATEGORIES	PRELIMINARY	FINAL
YOUNG II	T4 / T8	T5 / T7	G3 (UP 7th GUB)	CHOOSE BETWEEN POOMSAES T1 / T2 / T3	
CADET	KORYO / T7	T4 / KEUMGANG			
JUNIOR	KEUMGANG / T6	KORYO / TAEBAEK	G2 (6th to 4th GUB)	ESCO CHOOSE BETWEEN POOMSAES T3 / T4 / T5	
UNDER30	T6 / PYONGWON	KEUMGANG / SIPJIN			
UNDER 40	KORYO / T8	TAEBAEK / PYONGWON	G1 (3th to 1th GUB)	CHOOSE BETWEEN POOMSAES T6 / T7 / T8	
UNDER 50	CHONKWON / KEUMGANG	SIPJIN / JITAE			
UNDER 60	HANSU / PYONGWON	JITAE / CHONKWON			
UNDER 65	TAEBAEK / SIPJIN	JITAE / HANSU			
OVER 65	KEUMGANG / JITAE	CHONKWON / HANSU			

POOMSAE PAIR and TEAM

BLACK BELT			COLOR BELT		
CATEGORIES	PRELIMINARY	FINAL	CATEGORIES	PRELIMINARY	FINAL
YOUNG II	T5 / T6	KORYO / T8	G3 (UP 7th GUB)	CHOOSE BETWEEN POOMSAES T1 / T2 / T3	
CADET	KEUMGANG / T6	T4 / T5			
JUNIOR	KORYO / TAEBAEK	T8 / KEUMGANG	G2 (6th to 4th GUB)	CHOOSE BETWEEN POOMSAES T3 / T4 / T5	
UNDER 30	T7 / PYONGWON	KEUMGANG / SIPJIN			
OVER 30	CHONKWON / T8	JITAE / KORYO	G1 (3th to 1th GUB)	CHOOSE BETWEEN POOMSAES T6 / T7 / T8	

List of Poomsaes:

- T1 (Taeguk IL Jang);
- T2 (Taeguk I Jang);
- T3 (Taeguk SAM Jang);
- T4 (Taeguk SA Jang);
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- T5 (Taeguk OH Jang);
- T6 (Taeguk IUK Jang);
- T7 (Taeguk CHIL Jang);
- T8 (Taeguk PAL Jang).

In the black belts category, athletes should record 4 videos (1 for each poomsae) according to the table above (verifying their category and modality).

In the colored bands, athletes should choose from the poomsaes listed in their category and modality, and perform 4 separate recordings (being able to repeat the same poomsae during the 4 recordings).

DOBOKS FOR COMPETITIONS

Nº	DOBOK	INDICAÇÃO
1	DOBOK "V" WHITE	REQUIRED FOR COLORED BANDS
2	DOBOK "V" POOM	ALLOWED FOR BLACK BELTS CATEGORIES YUNG AND CADET WITH POOM BELT BUT IT WILL RESULT IN DEDUCTION OF -0.3 FROM THE GENERAL FINAL NOTE
3	DOBOK "V" BLACK	ALLOWED FOR BLACK BELTS CATEGORIES JUNIORS TO UNDER 50 WITH BLACK BELT BUT IT WILL RESULT IN DEDUCTION OF -0.3 FROM THE GENERAL FINAL NOTE
4	DOBOK "Y" POOM BLUE PANTS	ALLOWED FOR BLACK BELTS CATEGORIES YUNG AND CADET MALE WITH POOM BELT
5	DOBOK "Y" POOM RED PANTS	ALLOWED FOR BLACK BELTS CATEGORIES YUNG AND CADET FEMALE WITH POOM BELT
6	DOBOK "Y" DARK BLUE PANTS	ALLOWED FOR BLACK BELTS CATEGORIES JUNIORS TO UNDER 50 MALE WITH BLACK BELT
7	DOBOK "Y" LIGHT BLUE PANTS	ALLOWED FOR BLACK BELTS CATEGORIES JUNIORS TO UNDER 50 FEMALE WITH BLACK BELT
8	DOBOK "Y" GOLDEN	ALLOWED FOR BLACK BELTS CATEGORIES UNDER 60 TO OVER 65 WITH BLACK BELT

The doboks no. 2 and 3 may be used in the competition, however, the athletes will be penalized in -0.3 of the overall final grade. Just like any other combination of dobok, not listed above or using dobok from another category.



The use of a dobok, outside the international standards of Taekwondo WT, will result in the disqualification of the athlete. Underneath the dobok, only white t-shirt will be allowed.

IMPORTANT OBSERVATIONS:

Dobok:

- Wear the appropriate uniform, under penalty deduction of -0.3 in the general final grade;
- Uniforms not listed in this newsletter may result in disqualification from the competitor;
- Underneath the dobok will only be allowed to wear a white t-shirt;
- The use of earrings, chains and rings may result in deduction of -0.3 from the final grade of the general;
- Mandatory bare feet during the presentation of poomsaes.

Vídeo:

- The video can be recorded indoors or may be recorded outdoors or without Tatame;
- Record 1 video for each of the 4 poomsae (2 for the knockout stage and 2 for the final phase), separately;
- Black belts should separately record the 4 poomsaes indicated in the table of their category/modality;
- Colored bands among the poomsaes listed in their category/modality, should perform 4 recordings (repeating 1 or more times, if desired the same poomsae);
- Perform the recording in front of the "jumbi";
- After the commands of "chariot" and "kion-ne", the athlete should mention: "3rd FESTIVAL POOMSAE DU SOL TEAM ONLINE 2022" and then follow up on the commands: "jumbi", "shijak", ..."paro", "chariot", "kion-ne";
- The video should be recorded horizontally, and the camera is not allowed to move during recording (any movement, up or down, to one side or the other, zoom in or zoom out, will result in deduction of -0.3 from the overall final note);
- No editing of the video will be allowed, under penalty of disqualification;
- Upload the video to youtube and send us only the link (identifying the athlete);
- In the title of the video on youtube, must contain the NAME OF THE ATHLETE, in the description indicate the NAME OF THE COMPETITION, THE STAGE OF THE COMPETITION (whether Elimination or Final), THE CATEGORY AND MODALIDADE and the NAME OF THE POOMSE;
- The video should be saved on youtube and the link, sent to the organizers as requested, email eventos_tkddusolteam@hotmail.com.



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WT Rules and Online Adaptations

- The competition rule adopted is the current WT rule, using the cutting system;
- In this event the athletes will compete in 2 phases, the first ELIMINATION, when in the category there are more than 8 athletes, and the second, FINAL, for the up to 8 finalists;
- In each of the phases, athletes will compete with 2 poomses;
- Failure to send or send poomsae, sending an inactive link, or sending a wrong poomsae, will result in the note "0.0" for said poomsae;
- Any misconduct committed in relation to improper use of the uniform will result in deduction of -0.3 from the general final grade or even disqualification (dobok not used in Taekwondo WT);
- Any camera movement will result in the deduction of -0.3 from the overall final grade;
- Editing any part of the video will result in disqualification;
- Not to mention the name of the event at the opening of the video, will result in deduction of -0.3 from the general final grade;
- The absence of ki-hab, or execution at the wrong time, will result in deduction of -0.3 in the movement accuracy note;
- There will be no deduction from Jitzgi that does not make "noise", but it is necessary that the referees visualize the achievement of the intention of the beat;
- Any part of the athlete's body, which is cut (cannot be viewed in the video), will result in a deduction of -0.3 in the movement accuracy note.

Inscriptions:

- Register your team on the online form indicated on the www.tkddusolteam.com website until November 5th 2022.
- Check that all athletes of the same pair or team, fall into the same age group (according to the craft).
- An athlete will not be allowed to compete with himself, i.e., enroll in 2 pairs, or 2 teams. Athletes will be able to enroll in all modalities, Poomsae Individual, Poomsae Pares and Poomsae Equipes, but only 1 registration in each of the 3 modalities.c) You can register your athletes several times, not being necessary, register them at once – but do not forget to inform exactly the same team name and the same name of the team manager.
- After the registration, you will receive in the registered e-mail the confirmation of the registered athletes, the means of payment of the registration fees.

AWARDS

- All athletes will receive certificate of participation;
- The top 4 finishers in each category will receive the placement certificate and virtual medal;

The release of the final result will be available from November 20th, 2021 on the website www.tkddusolteam.com.



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REGISTRATION FEE

The values for confirmation of registrations follow the table below:

EQUIPES DO EXTERIOR		
POOMSAE INDIVIDUAL	POOMSAE PAIR	POOMSAE TEAM
U\$ 10,00 by athlete	U\$ 10,00 by pair	U\$ 10,00 by team

ORGANIZING COMMITTEE TKD DU SOL TEAM

Sabonim Pedro Paulo de Moraes Neto (Du Sol), Kyosanim Alex Arruda and kyosanim Natália Barros